

Kamalnayan Bajaj Hospital



Please read and comply with the following instructions for medical check up :

- ☞ You have to be present at the **Marketing Dept. (Behind staircase security)** by 8.00 am on the date of Examination.
- ☞ You should be "Fasting overnight". Take your dinner by 9.00 pm on the previous night.
- ☞ Abstain from Alcohol at least 24 hours prior to the health check up.
- ☞ Do not drink tea / coffee / milk / biscuits on the day of examination.
- ☞ Do not smoke or chew pan / tobacco on the day of examination.
- ☞ Do not wear any jewellery on that day.
- ☞ If using contact lenses please do not use on the day of examination.
- ☞ **Do not come for routine medical check up during menses in case of female employees.**

TENTATIVE TIME SCHEDULE FOR CHECK UP

MONDAY TO SATURDAY

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| • Reporting & Registration | 08.00 AM |
| • Fasting Sample Collection (Blood & Urine) | 08.30 AM |
| • Breakfast & Tea/Coffee | 8.45 AM to 9.30 AM |
| • ECG | 10.00 AM |
| • Stress test (If)(After Post meal Sample) | After 10.45 AM |
| • X-Ray / USG | 10.00 AM to 10.45 AM |
| • Post Meal Sample Collection (Blood 1 ½ hrs after breakfast) | 10.45 AM - 11.30 AM |
| • Physician Consultation(With Reports) | 1.00 PM to 2.30 PM |
| • Eye check ups are done after 11.30AM | |
| • For specific consultations appointments will be given as per doctors schedule. | |

In case of any technical problem the reports may get delayed.

Collection of reports - For company executives' reports will be dispatched to company address or as per company's policy.

If you require any assistance / help or have any question, please contact to Marketing Department on 0240-2377999 Ext-128/646 or - 9822670092

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