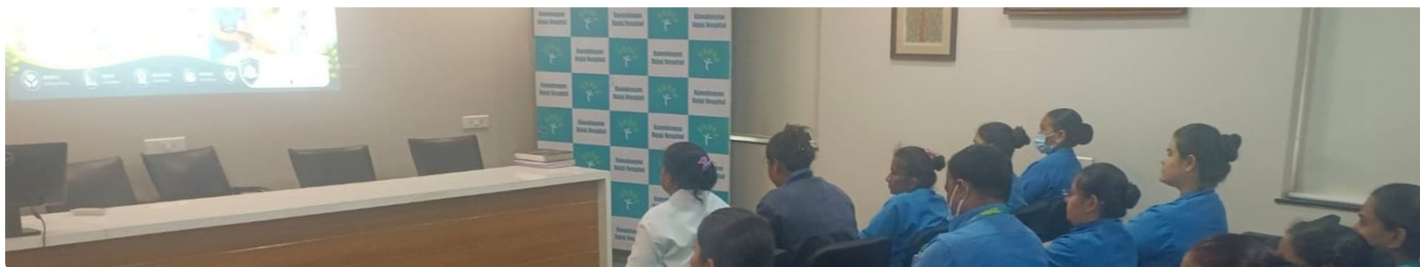


RECOGNIZE EARLY · CARE BEYOND WALLS · PROTECT EVERY PATIENT · EDUCATE EVERY FAMILY

CLINICAL FOCUS OF THE MONTH

Deteriorating Patient & MEWS*Recognize Early. Respond Early. Save Lives.*

MEWS training session for nursing staff — KBH conference room.

During August 2026, the Nursing Department at Kamalnayan Bajaj Hospital placed special emphasis on the early identification and timely management of deteriorating patients. Focused training sessions on the Modified Early Warning Score (MEWS) were conducted for nursing staff to strengthen clinical awareness, early recognition and prompt escalation.

The training helped staff understand how changes in vital signs and the patient's overall clinical condition can indicate early deterioration. Nurses were reinforced on monitoring respiratory rate, heart rate, blood pressure, temperature, oxygen saturation and

level of consciousness, along with recognising significant changes from the patient's baseline.

Staff were trained to identify patients requiring closer observation, calculate and interpret the MEWS, initiate timely escalation, and continue reassessment and documentation. Structured ISBAR communication was reinforced so that concerns are communicated clearly and promptly to the appropriate healthcare professional.

The initiative strengthens clinical vigilance and nursing confidence, enabling staff to respond to deterioration before it progresses to a critical event — reducing delays in treatment and helping prevent avoidable complications and adverse outcomes.

OUR MEWS APPROACH

Observe → Identify → Score → Escalate → Act → Reassess**KEY MESSAGE** *"Every early warning is an opportunity to prevent a serious complication."*

CONTINUITY OF CARE

Home Care Nursing*Extending care beyond the hospital — care doesn't end at discharge.*

At Kamalnayan Bajaj Hospital, the Home Care Nursing initiative strengthens continuity of care by extending professional nursing support to patients and their families in the comfort of their own homes. Through Home Care Services, patients receive appropriate nursing care, monitoring, education and follow-up after discharge — helping families understand the care plan, medication instructions, warning signs and precautions for safe recovery.

Home-based care can also reduce unnecessary hospital stay for patients who are clinically suitable for continued care at home. Every visit is documented — the patient's condition, nursing care, education provided, observations and follow-up requirements — so that information stays available to the healthcare team and concerns are identified at an early stage.



Nursing follow-up and family education at the patient's home.

OUR COMMITMENT

Safe Discharge → Continued Care → Regular Follow-up → Early Identification → Better Recovery**KEY MESSAGE** *"Discharge may take the patient home, but nursing care continues wherever the patient needs us."*

Fall Prevention & Safer Care

Every patient. Every shift. Every safety action.



Safe Patient Handling & Mobility – fall prevention training session.

During August 2026, the Nursing Department placed special emphasis on fall prevention and proactive patient safety, with a strong focus on identifying risks early and preventing avoidable incidents. Focused training sessions reinforced risk identification, preventive measures, safe patient handling and appropriate assistance for patients at risk of falling.

Patients and relatives were actively educated on recognising risk factors, seeking assistance when required, maintaining a safe environment and following recommended practices during mobility and daily activities. Staff were encouraged to remain vigilant, communicate risk appropriately and provide timely assistance – and to report and learn from near-fall events, as every near fall is an opportunity to prevent a future incident.

ZERO

PATIENT FALLS • AUGUST 2026

Staff education, patient and family awareness, risk identification, close monitoring and preventive nursing care together delivered a month with no patient falls – a collective achievement of the nursing team, our patients and their relatives.

OUR SAFETY APPROACH

Identify Risk → Educate → Prevent → Monitor → Report → Learn → Improve

KEY MESSAGE “Every fall prevented is a patient protected.”

NURSING IN ACTION

Breastfeeding Week Celebration

“Breastfeeding: Nurturing Life, Strengthening the Future”

As part of the Breastfeeding Week Celebration, the KBH Nursing Department, along with students of Kamalnayan Bajaj Nursing College, conducted a public-awareness initiative at the hospital for patients, relatives, visitors and the general public on breastfeeding, maternal health and newborn care.

Educational projects included the Human Milk Bank, breastfeeding techniques and positions, consequences of improper breastfeeding, Kangaroo Mother Care, breast self-examination and exclusive

breastfeeding. Demonstrations highlighted correct positioning, skin-to-skin contact, breast health awareness and the benefits of exclusive breastfeeding in the first six months.

The initiative also gave nursing students an opportunity to apply academic knowledge in a real healthcare setting while strengthening their communication, teaching and counselling skills. Patients, relatives and visitors participated enthusiastically throughout the programme.



Awareness displays, demonstrations and one-to-one health education by students of Kamalnayan Bajaj Nursing College.

KEY MESSAGE “Through education, empathy and evidence-based nursing care, our students continue to make a meaningful difference – one mother, one baby and one family at a time.”

VIGILANT CARE. COMPASSIONATE REACH. SAFER OUTCOMES.

Recognize Early • Care Beyond Walls • Protect Every Patient • Educate Every Family

Thank you to every nurse, student and staff member who made August 2026 a month of safer, more compassionate care.